

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Locomotion Walking Hands 1 Ball Skills Hands 1	Gymnastics Moving Dance Ourselves	Feet Ball Skills Feet Locomotion Jumping	Gymnastics High, Low, Over, Under Dance Seasons	Hands 2 Ball Skills Hands 2 Attack v Defence Games For Understanding	Learning through Play Playing through games Rackets, Bats and Balls Rackets, Bats, Balls and Balloons
Year 1	Health and Wellbeing Health and Wellbeing Dance The Zoo	Jumping Jumping Gymnastics Body Parts	Gymnastics Wide, Narrow, Curled Hands 1 Ball Skills Hands 1	Team Building Team Building Feet Ball Skills Feet	Rackets, Bats and Balls Rackets, Bats and Balls Attack v Defence Games For Understanding	Learning through Play Playing Games Running Running
Year 2	Health and Wellbeing Health and Wellbeing Dance Explorers	Locomotion Jumping Gymnastics Pathways	Dance Water Hands 1 Ball Skills Hands 1	Team Building Team Building Feet Ball Skills Feet	Rackets, Bats and Balls Rackets, Bats and Balls Attack v Defence Games For Understanding	Learning through Play Creating Games Locomotion Dodging
Year 3	Outdoor Adventure Activities Problem Solving Swimming Swimming	Gymnastics Symmetry & Asymmetry Swimming Swimming	Dance Wild Animals Invasion Dodgeball	Game Sense Game Sense Invasion Invasion Tag Rugby	Athletics Athletics: Throwing & Jumping Game Sense Game Sense Net/Wall	Striking & Fielding Rounders Outdoor Adventure Activities Orienteering

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Year 4	Outdoor Adventure Activities Orienteering Invasion Football	Outdoor Adventure Activities Challenging Collaboration Gymnastics Bridges	Inclusion Boccia 1 Dance Space	Invasion Handball Invasion Tag Rugby	Athletics Athletics Striking Golf	Athletics Athletics: Running Net/Wall Tennis
Year 5	Outdoor Adventure Activities Problem Solving Invasion Football	Health and Wellbeing Health Related Exercise Gymnastics Counter Balance & Counter Tension	Invasion Netball Dance Greeks	Invasion Hockey Invasion Basketball	Athletics Athletics Striking Golf	Striking & Fielding Rounders Striking & Fielding Cricket
Year 6	Outdoor Adventure Activities Leadership Invasion Football	Health Related Exercise Health Related Exercise Gymnastics Matching & Mirroring	Invasion Netball Custom Custom	Invasion Hockey Invasion Basketball	Athletics Athletics Striking Golf	Net/Wall Tennis Striking & Fielding Cricket