



Curriculum End Points

Year Two

Topic: My Healthy Self: How can we look after our bodies?

- Name a variety of ways that they can move their bodies and describe how moving their body makes them feel healthy, strong and happy.
- Identify some things that help them have a good night's sleep.
- Explain why sleep is important and describe how they feel depending on how well they have slept.
- Name and describe a range of fruits and vegetables.
- Sort foods into simple groups and explain that fruits and vegetables are a healthy choice.
- Identify which foods and drinks should be enjoyed often and which should be enjoyed only sometimes.
- Explain in simple terms why water and healthy foods help the body.
- Explain why teeth should be brushed twice a day and demonstrate correct brushing technique.
- Create a visual timetable that includes a variety of healthy habits from across the unit and explain how these habits help to keep the body and mind healthy.

Key Vocabulary

Active	Five-a-day
Dentist	Healthy
Exercise	Healthy Habits



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Topic: Connecting with others: How can I build safe, kind and caring relationships with others?

- Identify similarities and differences between themselves and others.
- Recognise that everyone has unique qualities which make them special.
- Explain why kindness towards people who are different is important.
- Comment or answer questions about families with respect for others.
- Ask for help with a falling-out if they need it.
- Say when something feels okay or not okay.
- Know it is never their fault if they feel unsafe.
- Identify and name trusted adults at home and at school.
- Use clear phrases to ask for help when something feels wrong or not okay.
- Recognise when they or someone else is being bullied.

Key Vocabulary

Belong
Bullying
Calm
Carer
Family



Curriculum End Points

Year Two

Topic: How do people belong to a community and earn money?

- Identify some of the groups and communities they belong to and recognise that people can belong to more than one community.
- Recognise that some groups or communities are chosen and some are not.
- Give examples of how people contribute to a community and compare different ways people contribute.
- Name jobs people do in the local and wider community and describe how they help people or communities.
- Explain why jobs are important and what might happen if nobody did them.
- Identify what money is used for and explain how it is used to buy goods and services.
- Identify and compare different ways adults get money, recognising that adults do not all get money in the same way.

Key Vocabulary

Community	Skills
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Curriculum End Points

Year Two

Topic: The online world: How can we stay safe online?

- Give examples of things people do online.
- Say what sharing online means.
- Recognise that many people might see something shared online.
- Understand that private information should not be shared online.
- Recognise when someone has shared private information online.
- Say what to do if private information is shared online.
- Recognise that not everything seen online is real or shows the whole story.
- Recognise when something online might make them feel worried, uncomfortable or unsure.
- Recall simple rules to help them stay safe online.

Key Vocabulary

<u>New</u>	<u>Review</u>
Private Information	Digital device (Y1)
Sharing Online	Internet (Y1)
	Online (Y1)
	Rule (Y1)
	Safe (Y1)
	Trusted Adult (Y1)
	Uncomfortable (Y1)



Curriculum End Points

Year Two

Topic: Growing up: How can we look after and respect our bodies as we grow?

- Identify physical changes in people as they grow.
- Recognise that changes to the body are a normal part of growing up.
- Give examples of things children can do that they could not do as babies or toddlers.
- Explain what personal body boundaries are.
- Use simple language to say if they feel uncomfortable or want to say no.
- Use the correct names for body parts.
- Describe what to do if someone tries to touch a private body part without permission.
- Recognise situations where privacy should be respected.
- Explain ways to respect other people's bodies and personal belongings.
- Identify a trusted adult they could talk to if they feel worried about privacy or boundaries.

Key Vocabulary

Change	Private Parts
Grow	Testicles
Nipples	Trusted Adult
Penis	Vagina



Curriculum End Points

Year Two

Topic: Staying Safe: How can I make safe choices in different places?

- Give reasons why their body is special.
- Give examples of the PANTS rules.
- Recall the stop, do not touch, tell and ask rules.
- Identify how dangers could cause harm.
- Recall simple safety rules such as stop, look, listen and think for roads; stop and do not touch unfamiliar objects.
- Recall the stop, stay, ask rule.
- Tell a safe adult their name and who they are looking for.
- Identify that water can be dangerous.
- Recall simple rules to keep themselves safe around water.

Key Vocabulary

body clues	rule
comfortable	safe
danger	trusted adult
emergency	uncomfortable
harm	unsafe
road safety	999