Ellington Primary School

LUNCHTIME ADVENTURES • WEEK 1

Big flavours • bright veg • happy lunchtimes

YUM!

★★★

DAY	TODAY'S MAIN	CARBOHYDRATE	ALTERNATIVE	COLOURFUL SIDES	SWEET FINISH
MON	Meatballs in Tomato Sauce	Pasta	Jacket Potato with Cheese or Tuna	Seasonal Veg	Muffin
TUE	Roast of the Day with Yorkshire Pudding	Mash	Pasta with Cheese or Tuna	Seasonal Veg	Ice Cream
WED	Mild Chili Con Carne	Rice	Jacket Potato with Cheese or Tuna	Seasonal Veg	Cake & Custard
THU	Hot Roast Baguette	Waffles	Pasta with Cheese or Tuna	Seasonal Veg	Melon Boat
FRI	Fish Fingers	Chips	Jacket Potato with Cheese or Tuna	Seasonal Veg	Pudding of the Day

Menu items may change if ingredients are unavailable. Contact the school office for pricing, ordering and ingredient/allergen information.

TRY A COLOUR

Can you spot something colourful on your plate?

POWER UP

Lunch helps fuel learning, playing and growing.

GROWN-UPS

Please tell school about allergies or medical diets.

Ellington Primary School

LUNCHTIME ADVENTURES • WEEK 2

Tasty favourites • colourful sides • something sweet

YUM!

★★★

DAY	TODAY'S MAIN	CARBOHYDRATE	ALTERNATIVE	COLOURFUL SIDES	SWEET FINISH
MON	Chicken Goujons	Potato Wedges	Pasta with Cheese or Tuna	Seasonal Veg	Fresh Fruit Salad
TUE	Pasta Bolognaise	Pasta	Jacket Potato with Cheese or Tuna	Seasonal Veg	Rice Pudding
WED	Mince & Dumplings	Dumplings	Jacket Potato with Cheese or Tuna	Seasonal Veg	Fruit & Jelly
THU	Roast of the Day with Yorkshire Pudding	Mash	Pasta with Cheese or Tuna	Seasonal Veg	Chocolate Brownie
FRI	Cheese Pizza	Chips	Jacket Potato with Cheese or Tuna	Seasonal Veg	Pudding of the Day

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GROWN-UPS

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Ellington Primary School

LUNCHTIME ADVENTURES • WEEK 3

Tasty favourites • colourful sides • something sweet

YUM!

★★★

DAY	TODAY'S MAIN	CARBOHYDRATE	ALTERNATIVE	COLOURFUL SIDES	SWEET FINISH
MON	Tomato & Basil Pasta Bake	Pasta	Jacket Potato with Cheese or Tuna	Seasonal Veg	Fruit Flapjack
TUE	Toad in the Hole	Mash	Pasta with Cheese or Tuna	Seasonal Veg	Fruit with Natural Yoghurt
WED	Chicken Curry	Rice	Jacket Potato with Cheese or Tuna	Seasonal Veg	Cake & Custard
THU	Roast of the Day with Yorkshire Pudding	Mash	Pasta with Cheese or Tuna	Seasonal Veg	Chocolate Cookie
FRI	Fish Portion	Chips	Jacket Potato with Cheese or Tuna	Seasonal Veg	Pudding of the Day

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GROWN-UPS

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